

SOURCES OF LOVE AND HATE

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keep the tigers out ", or " to keep out the foxes ". Sometimes the children added to the intensity of their feeling of security by asking a grown-up to " be a tiger—and come from a distance, so that we can hear you growling ".

Even apart from the times when there were explicit enemies of this kind outside, it was quite clear that the children sought the feeling of being warm and safe inside these places. (The phrase " cosy place " was their own.) They were always very friendly and affectionate and helpful to those who shared the " cosy place " with them, whether children or grown-ups.

The enemies were always outside. All the bad thoughts, all the bad wishes, were outside. The children thus not only made themselves warm and safe, but friendly and loving and good as well. The whole situation indeed represented a good mother with her good children inside her, all safe and all loving. Sometimes the picture was completed by having a good " Father Christmas " to come and bring a present, but more usually it represented the stage of life when (in the child's phantasy) there *is* no one there but mother and child. All the bad feelings and intentions are projected on to the father who is the enemy, the " tiger ", the " fox ", and kept outside. The child says in his behaviour, "It is my father who is jealous and aggressive—or at any rate, it is he who makes *me* jealous and aggressive ; and if he is not there, if I have my mother to myself, then everything is good and lovely." Moreover—" If I am inside my Mummy, I don't have to do anything bad to her to make her give me what I want. I only have to be there and everything is given to me."

In analytic work with little children, if strong aggressive wishes arise in the child, he becomes terrified of

these wishes
and afraid he may really hurt the grown-up who
is playing
with him, and that she will then really hurt
him in return.
A very common resort of the child in this anxiety
is suddenly
to become a "new-born baby", lying on the
couch, perfectly
still, quiet, happy and warm, not having to *do*
anything to
get food, comfort and love, hardly even having
to suck,
whilst the analyst has to become the good
mother who does
nothing and exists for nothing but to wait
upon the baby
and anticipate his wants, so that he does not
have to be
aggressive to get his wants satisfied. This
wish " to return
to the womb " was first remarked by Freud
long ago. But
(as he and the child analysts have shown us)
the wish is not